**PYRAMID CONSULTING**

**NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Aberystwyth University, Aberystwyth Saturday 30th November 2024

 FINAL RESULTS 1/12/24

**Under 15 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 180 | ZAC CAMPBELL | Deeside AC | 00:15:25 |
| 2 | 206 | ALFIE BARTLEY-ROSE | Deeside AC | 00:15:50 |
| 3 | 187 | XANDER BRANDON-HIGGS | Maldwyn Harriers | 00:16:28 |
| 4 | 148 | ELLIOT ROWE | Deeside AC | 00:17:06 |
| 5 | 176 | NOA DAVID | Betsi Runaways | 00:17:10 |
| 6 | 160 | ELIS EARNSHAW | Menai T & F | 00:17:48 |
| 7 | 175 | OLI LERIGO | Aberystwyth AC | 00:19:01 |
| 8 | 159 | DANIEL PURCELL | Menai T & F | 00:20:20 |
| 9 | 174 | JACK FOALE | Aberystwyth AC | 00:22:06 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 2****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1, 2, 4, 10 | **17** | **1** | **42** | **1** |
| Menai T&F | 6, 8, 10, 10 | **34** | **3** | **140** | **2** |
| Betsi Runaways | 5, 10, 10, 10 | **35** | **4** | **167** | **3** |
| Maldwyn  | 3, 10, 10, 10 | **33** | **2** | **N/A** | **N/A** |
| Aberystwyth AC | 7, 9, 10, 10 | **36** | **5** | **N/A** | **N/A** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 164 | MARTHA BOWN | Menai T & F | 00:13:16 |
| 2 | 162 | TAMSIN SEGUIN | Menai T & F | 00:13:39 |
| 3 | 139 | GWEN TOMPSETT | Aberystwyth AC | 00:14:58 |
| 4 | 163 | HOLLY WORTH | Menai T & F | 00:15:20 |
| 5 | 165 | ESYLLT OWEN | Menai T & F | 00:15:24 |
| 6 | 192 | ERIN WOOLCOCK | Oswestry Olympians | 00:15:25 |
| 7 | 144 | RUBY WATTS | Deeside AC | 00:16:19 |
| 8 | 140 | NIAMH JENNIFER CURLEY | Aberystwyth AC | 00:16:40 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Menai Track and Field | 1, 2, 4, 5 | **12** | **1** | **71** | **1** |
| Deeside AC | 7, 9, 9, 9 | **34** | **4** | **109** | **2** |
| Oswestry Olympians | 6, 9, 9, 9 | **33** | **3** | **170** | **3** |
| Aberystwyth AC | 3, 8, 9, 9 | **29** | **2** | **N/A** | **N/A** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 129 | PERRY MARSLAND | Menai T & F | 00:12:58 |
| 2 | 123 | HENRY JONES | Denbigh | 00:13:15 |
| 3 | 87 | JACOB PRICE | Menai T & F | 00:14:20 |
| 4 | 208 | EDRYD AP REES | Meirionydd RC | 00:15:09 |
| 5 | 105 | MOI TUDUR SCHIAVONE | Aberystwyth AC | 00:16:11 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Menai T&F | 1, 3, 6, 6 | **16** | **1** | **109** | **1** |
| Meirionnydd RC | 4, 6, 6, 6 | **22** | **3** | **136** | **2** |
| Denbigh Harriers | 2, 6, 6, 6 | **20** | **2** | **150** | **3** |
| Aberystwyth AC | 5, 6, 6, 6 | **23** | **4** | **N/A** | **N/A** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 77 | ELLA HAYES | Deeside AC | 00:08:05 |
| 2 | 78 | GWEN HAYES | Deeside AC | 00:08:05 |
| 3 | 133 | NIA MANSON | West Cheshire AC | 00:08:23 |
| 4 | 110 | ELIN EVANS | Colwyn Bay AC | 00:08:32 |
| 5 | 86 | MONIQUE BRANDON-HIGGS | Maldwyn Harriers | 00:08:59 |
| 6 | 136 | GRACE HUGHES | Wrexham AC | 00:09:01 |
| 7 | 230 | HELEDD ROWLANDS | Maldwyn Harriers | 00:09:05 |
| 8 | 231 | TELERI ROWLANDS | Maldwyn Harriers | 00:09:15 |
| 9 | 74 | YASMIN EVANS | Aberystwyth AC | 00:09:33 |
| 10 | 113 | DAISY JONES | Deeside AC | 00:09:37 |
| 11 | 89 | HEIDI WORTH | Menai T & F | 00:09:47 |
| 12 | 103 | GWENNAN FILMER | Aberystwyth AC | 00:10:02 |
| 13 | 76 | OLIVIA STANDRING-JONES | Colwyn Bay AC | 00:10:15 |
| 14 | 109 | FREYA VALERIO | Colwyn Bay AC | 00:10:16 |
| 15 | 236 | GWENAN HUGHES | Aberystwyth AC | 00:10:39 |
| 16 | 104 | LLINOS ROWLANDS | Aberystwyth AC | 00:10:58 |
| 17 | 73 | RHIANNON STARR | Aberystwyth AC | 00:11:49 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1, 2, 10, 18 | **31** | **1** | **96** | **1** |
| West Cheshire AC | 3, 18, 18, 18 | **57** | **5** | **100** | **2** |
| Colwyn Bay AC | 4, 13, 14, 18 | **49** | **3** | **138** | **3** |
| Wrexham AC | 6, 18, 18, 18 | **60** | **6** | **166** | **4** |
| Menai Track and Field | 11, 18, 18, 18 | **65** | **7** | **192** | **5** |
| Maldwyn  | 5, 7, 8, 18 | **38** | **2** | **N/A** | **N/A** |
| Aberystwyth AC | 9, 12, 15, 16 | **52** | **4** | **N/A** | **N/A** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 56 | ISAAC MARTIN | Deeside AC | 00:08:00 |
| 2 | 66 | JOSEPH BARLOW | Oswestry Olympians | 00:08:17 |
| 3 | 59 | IFAN WOOD | Denbigh | 00:08:41 |
| 4 | 24 | EBEN DAVIES | Denbigh | 00:08:45 |
| 5 | 4 | IDRIS DAVIES-DUNN | Aberystwyth AC | 00:08:48 |
| 6 | 1 | ISAAC JONES | Aberystwyth AC | 00:08:48 |
| 7 | 69 | JACK ARNOLD | West Cheshire AC | 00:08:52 |
| 8 | 57 | TOBY JONES | Deeside AC | 00:08:56 |
| 9 | 9 | ALED EMRYS LLOYD DAVIES | Aberystwyth AC | 00:09:07 |
| 10 | 22 | LUCCA KEVAN | Deeside AC | 00:09:08 |
| 11 | 35 | GEORGE HUGHES | Wrexham AC | 00:09:10 |
| 12 | 214 | STEFFAN THOMAS | Wrexham AC | 00:09:17 |
| 13 | 25 | ROLANT OWENS | Denbigh | 00:09:29 |
| 14 | 71 | RHYS HATFIELD | Wrexham AC | 00:09:33 |
| 15 | 3 | EDMUND DAVIES-DUNN | Aberystwyth AC | 00:09:40 |
| 16 | 213 | GRUFFYDD THOMAS | Wrexham AC | 00:09:42 |
| 17 | 11 | DAFYDD SCHIAVONE | Aberystwyth AC | 00:10:11 |
| 18 | 30 | JACK GRIFFITHS | Oswestry Olympians | 00:10:11 |
| 19 | 10 | OWEN FILMER | Aberystwyth AC | 00:10:55 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Aberystwyth AC | 5, 6, 9, 15 | **35** | **1** | **144** | **1** |
| Denbigh Harriers | 3, 4, 13, 20 | **40** | **3** | **152** | **2** |
| Deeside AC | 1, 8, 10, 20 | **39** | **2** | **154** | **3** |
| Wrexham AC | 11, 12, 14, 16 | **53** | **4** | **169** | **4** |
| Oswestry Olympians | 2, 18, 20, 20  | **60** | **5** | **226** | **5** |
| West Cheshire | 7, 20, 20, 20 | **67** | **6** | **N/A** | **N/A** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 53 | GRACE PRICE | Deeside AC | 00:07:13 |
| 2 | 237 | ANNIE JONES | Colwyn Bay AC | 00:07:22 |
| 3 | 6 | MOLI TOOZE | Aberystwyth AC | 00:07:27 |
| 4 | 13 | MADELEINE FATA | Colwyn Bay AC | 00:07:31 |
| 5 | 40 | LEUSA GRUFFUDD | Aberystwyth AC | 00:07:41 |
| 6 | 38 | SEREN GRAHAM | Wrexham AC | 00:07:49 |
| 7 | 233 | LOTTIE MUNTON | Aberystwyth AC | 00:07:57 |
| 8 | 58 | SAOIRSE MCDONNELL | Denbigh | 00:08:05 |
| 9 | 14 | MAISIE JONES | Colwyn Bay AC | 00:08:09 |
| 10 | 61 | SARA LLOYD | Maldwyn Harriers | 00:08:11 |
| 11 | 238 | ALICE WOOD | Colwyn Bay AC | 00:08:48 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 3****Points** | **Total Race 3 Points** | **Race 3****Position** | **Overall Points** | **Overall Position** |
| Deeside | 1, 12, 12, 12 | **37** | **3** | **91** | **1** |
| Colwyn Bay | 2, 4, 9, 11 | **26** | **1** | **95** | **2** |
| Wrexham AC | 6, 12, 12, 12 | **42** | **4** | **172** | **3** |
| Aberystwyth AC | 3, 5, 7, 12 | **27** | **2** | **N/A** | **N/A** |
| Denbigh  | 8, 12, 12, 12 | **44** | **5** | **N/A** | **N/A** |
| Maldwyn Harriers | 10, 12, 12, 12 | **56** | **6** | **N/A** | **N/A** |

This is the first time that the Pyramid Consulting North Wales Junior Cross Country League has travelled to Aberystwyth. When I was an Under 15 we used to compete in the senior races and I remember competing in one of my first ever North Wales Senior Cross Country Leagues in Aberystwyth.

A big thank you to both Aberystwyth AC and Aberystwyth University who combined to put on this historic event, and especially to Ian Brandreth and Owain Sciavone who both coordinated everything. As usual we are indebted to all of the volunteers who make the league happen.

The next North Wales Cross Country League race will be at the PGL Centre, Baschurch on Saturday 11th January 2025. Don’t forget to use the postcode: SY4 2EZ and follow the signs for the PGL Centre, Boreatton Park when you get near Baschurch. Please make sure that you follow all the instructions from the marshalls regarding parking.

Before that we’ve got the North Wales Championships which are being held at the Treborth Track. Bangor on Saturday 4th January 2024 with Menai and Eryri jointly hosting. Entries can be made via the following link: [www.entrycentral.com/NorthWalesCCChamps](http://www.entrycentral.com/NorthWalesCCChamps)

**Bernie Jones**

**Secretary/Referee**