**PYRAMID CONSULTING**

**NORTH WALES JUNIOR CROSS COUNTRY LEAGUE**

At Ysgol Morgan Llwyd, Wrexham Saturday 19th October 2024

RESULTS 19/10/24

**Under 15 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 180 | ZAC CAMPBELL | Deeside AC | 00:15:25 |
| 2 | 206 | ALFIE BARTLEY-ROSE | Deeside AC | 00:15:44 |
| 3 | 148 | ELLIOTT ROWE | Deeside AC | 00:15:50 |
| 4 | 187 | XANDER BRANDON-HIGGS | Maldwyn Harriers | 00:16:00 |
| 5 | 181 | OLIVER WELSH | Deeside AC | 00:16:07 |
| 6 | 183 | RYAN DELANEY | Deeside AC | 00:16:29 |
| 7 | 176 | NOA DAVID | Betsi Runaways | 00:17:27 |
| 8 | 172 | HARRY SIMCOCK | Wrexham AC | 00:17:41 |
| 9 | 178 | RUBEN CRIERIE | Colwyn Bay AC | 00:17:57 |
| 10 | 171 | NOAH THOMAS | Wrexham AC | 00:18:01 |
| 11 | 168 | DYLAN GLEDHILL | West Cheshire AC | 00:18:06 |
| 12 | 152 | ISAAC GARCIA LUCAS | Denbigh | 00:18:17 |
| 13 | 175 | OLI LERIGO | Aberystwyth AC | 00:18:21 |
| 14 | 159 | DANIEL PURCELL | Menai T&F | 00:18:22 |
| 15 | 160 | ELIS EARNSHAW | Menai T&F | 00:18:41 |
| 16 | 204 | JACK COLLINGS | Wrexham AC | 00:20:22 |
| 17 | 158 | OWEN HUGHES | Meirionnydd RC | 00:20:42 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1, 2, 3, 5 | **11** | **1** | **25** | **1** |
| Menai T&F | 14, 15, 18, 18 | **65** | **6** | **106** | **2** |
| Wrexham AC | 8, 10, 16, 18 | **52** | **2** | **110** | **3** |
| Colwyn Bay AC | 9, 18, 18, 18 | **63** | **5** | **122** | **4** |
| Betsi Runaways | 7, 18, 18, 18 | **61** | **4** | **131** | **5** |
| Denbigh | 12, 18, 18, 18 | **66** | **8** | **139** | **6** |
| West Cheshire AC | 11, 18, 18, 18 | **65** | **7** | **140** | **7** |
| Meirionydd RC | 17, 18, 18, 18 | **71** | **9** | **151** | **8** |
| Maldwyn | 4, 18, 18, 18 | **58** | **3** | **N/A** | **N/A** |

**Under 15 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 179 | HEATHER WATSON | Deeside AC | 00:10:52 |
| 2 | 164 | MARTHA BOWN | Menai T&F | 00: 11:22 |
| 3 | 162 | TAMSIN SEGUIN | Menai T&F | 00:11:40 |
| 4 | 193 | EMILIA PYPER | West Cheshire AC | 00:11:41 |
| 5 | 151 | BEATRICE ROBERTS | Denbigh | 00:12:25 |
| 6 | 163 | HOLLY WORTH | Menai T&F | 00:12:29 |
| 7 | 165 | ESYLLT OWEN | Menai T&F | 00:12:37 |
| 8 | 169 | EVIE HUGHES | Wrexham AC | 00:12:42 |
| 9 | 155 | CATRIN EVANS | Eryri Harriers | 00:12:51 |
| 10 | 139 | GWEN TOMPSETT | Aberystwyth AC | 00:12:53 |
| 11 | 192 | ERIN WOOLCOCK | Oswestry Olympians | 00:13:11 |
| 12 | 186 | CONNIE TAYLOR | Denbigh | 00:13:22 |
| 13 | 145 | EVIE MORTELL | Deeside AC | 00:13:31 |
| 14 | 177 | CASI DULLER | Colwyn Bay AC | 00:13:40 |
| 15 | 146 | FLEUR RANDELES | Deeside AC | 00:13:46 |
| 16 | 144 | RUBY WATTS | Deeside AC | 00:13:51 |
| 17 | 140 | NIAMH JENNIFER CURLEY | Aberystwyth AC | 00:14:02 |
| 18 | 153 | EIRA ANDERSON | Denbigh | 00:14:51 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| Menai Track and Field | 2, 3, 6, 7 | **18** | **1** | **35** | **1** |
| Deeside AC | 1, 13, 15, 16 | **45** | **2** | **88** | **2** |
| Denbigh | 5, 12, 18, 19 | **54** | **3** | **112** | **3** |
| West Cheshire AC | 4, 19, 19, 19 | **61** | **4** | **121** | **4** |
| Oswestry Olympians | 11, 19, 19, 19 | **68** | **7** | **126** | **5** |
| Wrexham AC | 8, 19, 19, 19 | **65** | **5** | **127** | **6** |
| Eryri Harriers | 9, 19, 19, 19 | **66** | **6** | **128** | **7** |
| Colwyn Bay AC | 14, 19, 19, 19 | **71** | **8** | **137** | **8** |
| Aberystwyth AC | 17, 19, 19, 19 | **74** | **9** | **N/A** | **N/A** |

**Under 13 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 117 | CASPER KISSANE | Deeside AC | 00:10:43 |
| 2 | 129 | PERRY MARSLAND | Menai T&F | 00:10:45 |
| 3 | 123 | HENRY JONES | Denbigh | 00: 11:10 |
| 4 | 87 | JACOB PRICE | Menai T&F | 00:11:17 |
| 5 | 112 | FINLEY WILLIAMS | Colwyn Bay AC | 00:11:26 |
| 6 | 97 | LEON BETTERIDGE | West Cheshire AC | 00:11:30 |
| 7 | 209 | LEWIS DUTTON | Oswestry Olympians | 00:11:47 |
| 8 | 205 | FIN BENNY | Meirionnydd RC | 00:11:52 |
| 9 | 208 | EDRYD AP REES | Meirionnydd RC | 00:12:16 |
| 10 | 119 | MAX MCPHERSON | Deeside AC | 00:12:19 |
| 11 | 122 | GEORGE HENDERSON | Deeside AC | 00:12:20 |
| 12 | 83 | OSIAN TULLOCK | Deeside AC | 00:12:32 |
| 13 | 82 | ALFIE MILLINGTON | Deeside AC | 00;12:52 |
| 14 | 85 | OSCAR FERRIER | Deeside AC | 00;13:18 |
| 15 | 221 | ATHARVA GANESH | West Cheshire AC | 00:13:21 |
| 16 | 84 | HARRI FERRIER | Deeside AC | 0013:24 |
| 17 | 197 | SETH BAILLIE | Oswestry Olympians | 00:13:40 |
| 18 | 91 | JAMIE ASHWORTH | Oswestry Olympians | 00:13:45 |
| 19 | 203 | OSIAN HUGHES | Deeside AC | 00:13:57 |
| 20 | 202 | WILLIAM CHATTERLEY | Deeside AC | 0014:46 |
| 21 | 81 | ALEXANDER SUMMERS | Deeside AC | 00:15:07 |
| 22 | 218 | MONTY KYNASTON | Oswestry Olympians | 00:15:35 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| Deeside AC | 1, 10, 11, 12 | **34** | **1** | **64** | **1** |
| Menai T&F | 2, 4, 23, 23 | **52** | **2** | **93** | **2** |
| Meirionnydd RC | 8, 9, 23, 23 | **63** | **3** | **114** | **3** |
| West Cheshire | 6, 15, 23, 23 | **67** | **5** | **126** | **4** |
| Oswestry Olympians | 7, 17, 18 22 | **64** | **4** | **133** | **6** |
| Colwyn Bay | 5, 23, 23, 23 | **75** | **7** | **136** | **7** |
| Denbigh Harriers | 3, 23, 23, 23 | **72** | **6** | **N/A** | **N/A** |

**Under 13 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 133 | NIA MANSON | West Cheshire AC | 00:08:49 |
| 2 | 78 | GWEN HAYES | Deeside AC | 00:08:52 |
| 3 | 77 | ELLA HAYES | Deeside AC | 00:08:56 |
| 4 | 95 | POPPY MCKENNA | West Cheshire AC | 00:09:20 |
| 5 | 135 | AMELIA SNOWDEN | West Cheshire AC | 00:09:27 |
| 6 | 110 | ELIN EVANS | Colwyn Bay AC | 00:09:47 |
| 7 | 136 | GRACE HUGHES | Wrexham AC | 00:09:55 |
| 8 | 86 | MONIQUE BRANDON-HIGGS | Maldwyn Harriers | 00:10:22 |
| 9 | 96 | HEIDI WETHERALL | West Cheshire AC | 00:10:25 |
| 10 | 113 | DAISY JONES | Deeside AC | 00:10:48 |
| 11 | 216 | HANNAH NEWMAN | Oswestry Olympians | 00:10:52 |
| 12 | 76 | OLIVIA STANDRING-JONES | Colwyn Bay AC | 00:11:26 |
| 13 | 109 | FREYA VALERIO | Colwyn Bay AC | 00:11:27 |
| 14 | 89 | HEIDI WORTH | Menai T&F | 00:11:33 |
| 15 | 131 | LOWRI WILLIAMS | Menai T&F | 00:11:37 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| West Cheshire AC | 1, 4, 5, 9 | **19** | **1** | **43** | **1** |
| Deeside AC | 2, 3, 10, 16 | **31** | **2** | **65** | **2** |
| Colwyn Bay AC | 6, 12, 13, 16 | **47** | **3** | **89** | **3** |
| Wrexham AC | 7, 16, 16, 16 | **55** | **4** | **106** | **4** |
| Menai Track and Field | 14, 15, 16, 16 | **61** | **7** | **127** | **5** |
| Oswestry Olympians | 11, 16, 16, 16 | **59** | **6** | **132** | **6** |
| Maldwyn | 8, 16, 16, 16 | **56** | **5** | **N/A** | **N/A** |

**Under 11 Boys**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 56 | ISAAC MARTIN | Deeside AC | 00:08:37 |
| 2 | 66 | JOSEPH BARLOW | Oswestry Olympians | 00:08:59 |
| 3 | 225 | ELLIOT STEELE JONES | Menai T&F | 00:09:12 |
| 4 | 33 | NIALL BETTERIDGE | West Cheshire AC | 00:09:32 |
| 5 | 69 | JACK ARNOLD | West Cheshire AC | 00:09:40 |
| 6 | 59 | IFAN WOOD | Denbigh | 00:09:42 |
| 7 | 1 | ISAAC JONES | Aberystwyth AC | 00:09:51 |
| 8 | 24 | EBEN DAVIES | Denbigh | 00:09:54 |
| 9 | 57 | TOBY JONES | Deeside AC | 00:10:00 |
| 10 | 25 | ROLANT OWENS | Denbigh | 00:10:04 |
| 11 | 43 | JOSHUA DANIEL | Aberystwyth AC | 00:10:08 |
| 12 | 219 | MATH DAFYDD | Betsi Runaways | 00:10:09 |
| 13 | 35 | GEORGE HUGHES | Wrexham AC | 00:10:14 |
| 14 | 22 | LUCCA KEVAN | Deeside AC | 00:10:19 |
| 15 | 214 | STEFFAN THOMAS | Wrexham AC | 00:10:24 |
| 16 | 9 | ALED EMRYS LLOYD DAVIES | Aberystwyth AC | 00:10:41 |
| 17 | 213 | GRUFFYDD THOMAS | Wrexham AC | 00:10:43 |
| 18 | 228 | SAMUEL JUDE WALKER | Wrexham AC | 00:10:52 |
| 19 | 210 | JASPER DUTTON | Oswestry Olympians | 00:10:54 |
| 20 | 18 | DYLAN WILLIAMS | Colwyn Bay AC | 00:10:58 |
| 21 | 30 | JACK GRIFFITHS | Oswestry Olympians | 00:10:59 |
| 22 | 15 | ELIJAH ANONAM | Colwyn Bay AC | 00:11:01 |
| 23 | 220 | TYRUS GRAY | Menai T&F | 00:11:11 |
| 24 | 36 | RORY DIXON | Wrexham AC | 00:11:39 |
| 25 | 23 | SAM MCPHERSON | Deeside AC | 00:11:41 |
| 26 | 212 | OLLY HUGHES | Denbigh | 00:11:50 |
| 27 | 217 | EVAN KYNASTON | Oswestry Olympians | 00:12:08 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| Aberystwyth AC | 7, 11, 16, 28 | **62** | **3** | **109** | **1** |
| Denbigh Harriers | 6, 8, 10, 26 | **50** | **2** | **112** | **2** |
| Deeside AC | 1, 9, 14, 25 | **49** | **1** | **115** | **3** |
| Wrexham AC | 13, 15, 17, 18 | **63** | **4** | **116** | **4** |
| Colwyn Bay | 20, 22, 28, 28 | **98** | **7** | **155** | **5** |
| Menai T&F | 3, 23, 28, 28 | **82** | **6** | **158** | **6** |
| Oswestry Olympians | 2, 19, 21, 27 | **69** | **5** | **166** | **7** |

**Under 11 Girls**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Position** | **Number** | **Name** | **Club** | **Time** |
| 1 | 19 | ZOE JAMES | Deeside AC | 00:06:19 |
| 2 | 53 | GRACE PRICE | Deeside AC | 00:06:32 |
| 3 | 68 | FELICITY SNOWDEN | West Cheshire AC | 00:06:49 |
| 4 | 211 | SAKIA KERESTUROVA | West Cheshire AC | 00:06:49 |
| 5 | 45 | FLORENCE QUINN | Colwyn Bay AC | 00:06:58 |
| 6 | 229 | KAMRIN POMERLEAU | Menai T&F | 00:07:11 |
| 7 | 62 | EVIE WATKIN | Maldwyn Harriers | 00:07:14 |
| 8 | 61 | SARA LLOYD | Maldwyn Harriers | 00:07:17 |
| 9 | 31 | HERMIONE ALLISON | West Cheshire AC | 00:07:36 |
| 10 | 14 | MAISIE JONES | Colwyn Bay AC | 00:07:45 |
| 11 | 67 | ISLA LAMBERT | West Cheshire AC | 00:07:54 |
| 12 | 13 | MADELEINE FATA | Colwyn Bay AC | 00:07:59 |
| 13 | 44 | FAYE ANN LEES | Colwyn Bay AC | 00:08:03 |
| 14 | 224 | AMBER HOPKINSON | Deeside AC | 00:08:03 |
| 15 | 226 | ELLA HENDERSON | Deeside AC | 00:08:07 |
| 16 | 227 | ANIA PHILLIPS | Wrexham AC | 00:08:10 |
| 17 | 223 | ALIYA HOLT | Deeside AC | 00:08:12 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Club** (4 to count) | **Race 2**  **Points** | **Total Race 2 Points** | **Race 2**  **Position** | **Overall Points** | **Overall Position** |
| Deeside | 1, 2, 14, 15 | **32** | **2** | **54** | **1** |
| Colwyn Bay | 5, 10, 12, 13 | **40** | **3** | **67** | **2** |
| Menai T&F | 6, 18, 18, 18 | **60** | **5** | **113** | **3** |
| Wrexham AC | 16, 18, 18, 18 | **70** | **6** | **130** | **4** |
| West Cheshire | 3, 4, 9, 11 | **27** | **1** | **N/A** | **N/A** |
| Maldwyn Harriers | 7, 8, 18, 18 | **51** | **4** | **N/A** | **N/A** |

A big thank you to Wrexham AC for hosting the second fixture. A usual we are indebted to all of the volunteers who make the league happen. Considering the floods in Wrexham earlier in the week, the Cefn Road course was in excellent condition and even the sun came out to play.

Some fantastic running from all the youngsters across all ages and it is good to see Deeside AC and Menai T&F are not having it all their own way in the team title chase!

The next North Wales Cross Country League race will be at Aberystwyth University (postcode: ) on Saturday 30th November 2024.

In the meantime it’s a **last call** for anyone wanting to run for North Wales team in the Welsh Inter Regional Championships to let me know by no later than Monday 21 October [Bernie-jones@sky.com](mailto:Bernie-jones@sky.com)

**Bernie Jones**

**Secretary/Referee**